



## SALADS & WRAPS

### AVO-COBB-O \$17

local greens + chopped romaine with grilled chicken thigh, bacon, blue cheese, sliced avocado, hard-boiled egg, shredded carrot, sliced cucumber, shaved red onion, local tomato, and peppercorn ranch dressing

### MISO TASTY <sup>v</sup> \$16

island greens + chopped romaine, miso-roasted tofu, purple sweet potato, avocado, fresh pineapple, local tomato, edamame, shredded carrot, green onion, toasted coconut, and creamy garlic dressing

### TATAKI TIME \$18

chopped romaine with chilled seared ahi, edamame, purple sweet potato, shaved red onion, sliced cucumber, local tomato, shredded carrot, green onion, sesame seeds, yuzu ponzu\* and creamy garlic dressing

### GREEKING OUT \$16

local greens + rotini pasta\* with grilled chicken, feta cheese, local tomato, garbanzo beans, pickled pepperoncinis, kalamata olives, shaved red onion, sliced cucumber, fresh lemon, olive oil and balsamic vinegar

### SOUTHWEST CAESAR \$17

local greens + chopped romaine with blackened chicken breast, parmesan cheese, garlic croutons\*, avocado, shaved red onion, sweet corn, cilantro, local tomato, fresh lime, shredded carrot, and classic caesar dressing

### SWEET CHILI SALMON \$16

local greens + baby spinach with seared salmon, edamame, local tomato, shaved red onion, cilantro, sliced cucumber, shredded carrot, lime, coconut, sweet chili sauce and creamy garlic dressing

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### STEAK & POTATOES \$16

chopped romaine with kona coffee-rubbed steak, purple sweet potato, blue cheese, bacon, crispy fried onions\*, local tomato, shaved red onion, and hawaiian honey balsamic dressing

### OPEN SESAME <sup>v</sup> \$16

island greens + chopped romaine, sesame tofu\*, shaved red onion, sliced almonds, shredded carrot, sliced cucumber, purple sweet potato, edamame, local tomato, green onion, and toasted sesame vinaigrette\*

## WARM BOWLS

### HARVEST BOWL \$16

warm wild rice with grilled chicken, purple sweet potato, avocado, local tomato, edamame, fresh pineapple, shredded carrot, green onion, and toasted sesame vinaigrette\*

### KAMUELA BOWL \$16

warm wild rice with kona coffee-rubbed steak, avocado, cheddar cheese, fried onions\*, cilantro, sweet corn, shaved red onion, local tomato, lime, shredded carrot, and creamy chipotle lime dressing

### MACRO BOWL \$16

warm wild rice with seared salmon, garbanzo beans, purple sweet potato, sliced almonds, edamame, shaved red onion, local tomato, shredded carrot, green onion, and toasted sesame vinaigrette\*

### AINA BOWL <sup>v</sup> \$16

warm wild rice with miso-roasted taro, avocado, purple sweet potato, pineapple, local tomato, toasted coconut, , edamame, green onion, shredded carrot, and white balsamic dressing

## BUILD YOUR OWN

pick a base + five toppings + dressing \$14

### BASES <sup>mix & match however you like!</sup>

local organic greens baby spinach  
chopped romaine wild rice rotini pasta\*

### TOPPINGS <sup>choose five, add extra for .50/ea</sup>

shredded carrot	shaved red onion	toasted coconut
chopped cilantro	green onion	sesame seeds
garbanzo beans	pepperoncinis	garlic croutons*
fried onions*	pineapple	sliced cucumber
sweet corn	sweet potato	local tomato
edamame	raw walnuts	pumpkin seeds
sliced almonds	kalamata olives	

### ADD-ONS \$1/ea

hard-boiled egg	sliced avocado	bacon
cheddar cheese	blue cheese	feta cheese
parmesan cheese	bac'n bits <sup>v</sup>	

### PREMIUMS \$2/ea

blackened chicken breast  
grilled chicken thigh  
seared sesame tofu\*<sup>v</sup>  
miso-roasted local taro <sup>v</sup>  
pan-seared salmon **+\$1**  
kona coffee-rubbed steak **+\$1**  
chilled seared ahi **+\$2**

### DRESSINGS <sup>add extra for \$1/ea</sup>

thai sweet chili <sup>v</sup>	toasted sesame vinaigrette* <sup>v</sup>
creamy garlic	classic caesar
yuzu ponzu* <sup>v</sup>	blue cheese
peppercorn ranch	olive oil + balsamic vinegar <sup>v</sup>
white balsamic <sup>v</sup>	hawaiian honey balsamic
creamy chipotle lime	fresh lemon or lime squeeze <sup>v</sup>

## DRINKS ON TAP

locally-made kombucha	\$6
lilikoi CBD seltzer <sup>non-alcoholic, 25mg CBD</sup>	\$6
nitro matcha latta	\$7

\* CONTAINS GLUTEN <sup>v</sup> VEGAN

Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of foodborne illness.